

# E-Learnings for Businesses

## Product Overview

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## Leadership Skills

5 – 29

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- Leading with Empathy
- Conducting Termination Meetings
- Conducting the Interview
- Conflict Resolution for Managers
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- Making Good Decisions
- Giving Feedback
- Motivating Team Members
- Appraisal Dialog and Other One to One Meetings

### LEADING TEAMS

- Intercultural Communication In Teams
- Successfully Structuring Team Development
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- Lateral Leadership — Leading Effectively Without Being a Supervisor
- Using External Personnel Correctly – What Managers Need to Know
- Change Management – Successfully shaping change processes
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- Situational Leadership
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## Skills for oneself 30-40

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- Conflict Resolution between Colleagues
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## Business Skills

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- Moderating Meetings
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### PROJECT MANAGEMENT

- Classic Project Management – Planning Projects Successfully
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### STRATEGY

- Customer Centricity – Understanding, Exciting, and Retaining Customers

### TRAIN THE TRAINERS

- Principles for Effective Knowledge Transfer
- Managing Groups in a Training
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### NEGOTIATING

- Basics of Negotiations
- Difficult Negotiations
- Online Negotiations

### SELLING

- Identifying Needs
- Building Relationships in Sales
- Making Initial Contact
- Handling Objections
- Demonstrating Value
- Closing the Sale



Available in German



### Learning Objectives

- Understanding why diversity is becoming more and more important in companies
- recognizing diversity as a resource and success factor
- recognizing and being able to grasp different dimensions of diversity
- understanding diversity management as a holistic strategy
- recognizing and promoting existing diversity in the team, as well as the potential of individuals

### Target Group

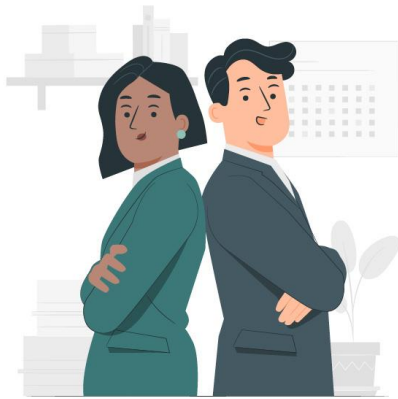
Managers who lead diverse teams; managers who want to be role models in the company; managers who want to use diversity in the company

### Course Duration

Ca. 50 Minuten, zzgl. Transferaufgaben

# Leadership Skills

## Basics of Leadership



### Leading with Empathy

Available in German



### Learning Objectives

- Understanding how leadership requirements are currently changing;
- understanding what empathy means;
- recognizing the benefits of leading with empathy, but also the challenges that come with it;
- reflecting on your own leadership style and how you deal with other people;
- being more perceptive of other people, putting yourself in their shoes, and emotionally adjusting to their level;
- better understanding people and their communication, their personalities, and their motives;
- acting with greater empathy and engaging with people where they are at

### Target Group

Managers who want to learn how to lead appropriately by focusing on goals even in challenging situations; managers who want to develop their emotional and social skills and use them successfully in all dealings with their employees

### Course Duration

Ca. 80 Minuten, zzgl. Transferaufgaben

# Leadership Skills

## Basics of Leadership



### Learning Objectives

- Preparing for and conduct termination meetings
- Be aware of the typical reactions and know how to deal with them
- Managing your own emotions during the meeting

### Target Group

Managers who will eventually need to conduct termination meetings

### Course Duration

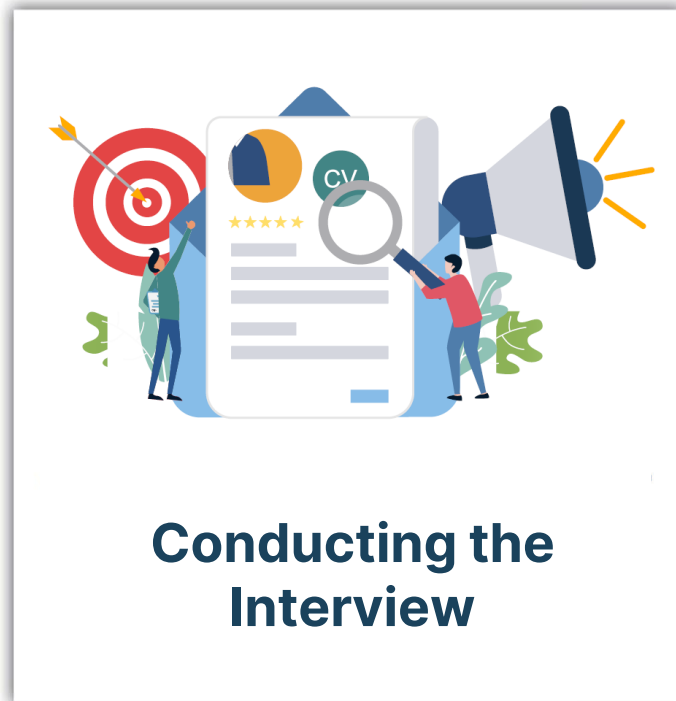
Approx. 60 minutes plus transfer tasks

Available in German and English



# Leadership Skills

## Basics of Leadership



### Conducting the Interview

Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Creating the job description
- Developing the requirements profile
- Conducting the job interview
- Asking the right questions
- Drawing the right conclusions

### Target Group

Team leaders; managers with HR responsibility; employees of HR departments

### Course Duration

Approx. 80 minutes, plus transfer tasks



# Leadership Skills

## Basics of Leadership



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Recognizing when a conflict is brewing in your team
- Gauging which level of escalation the conflict has reached
- Empowering your employees to resolve conflicts on their own
- Learning about methods for mediation and decisive action
- Knowing what to do in seriously escalating conflicts

### Target Group

Young executives; Experienced managers; Managers with a need for cooperative methods of team leadership

### Course Duration

Approximately 70 minutes plus transfer tasks

# Leadership Skills

## Basics of Leadership



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Being able to discern between specialist and leadership tasks
- Knowing your own strengths and weaknesses
- Knowing the expectations on managers and being able to deal with them
- Avoiding management errors and being able to react properly to the wide range of demands
- Being able to perform the strategic tasks of a manager

### Target Group

Young managers; Specialists who are new to management responsibility

### Course Duration

Approximately 50 minutes plus transfer tasks



Available in German, English and Chinese



## Learning Objectives

- Being able to discern between tasks that can be delegated and those that can't
- Delegating professionally by communicating properly
- Knowing the tools for monitoring delegated tasks
- Recognizing and dealing productively with people who re-delegate tasks
- Delegating in such a way that team members can develop

## Target Group

Employees who are to be developed into managers; experienced managers with the need to learn sustainable delegation

## Course Duration

Ca. 60 Minuten, zzgl. Transferaufgaben

# Leadership Skills

## Basics of Leadership



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Recognizing and being able to analyse problems
- Knowing and using methods for finding solutions
- Being able to approach decision-making processes in a structured way
- Communicating decisions well and involve the staff
- Being able to implement decisions

### Target Group

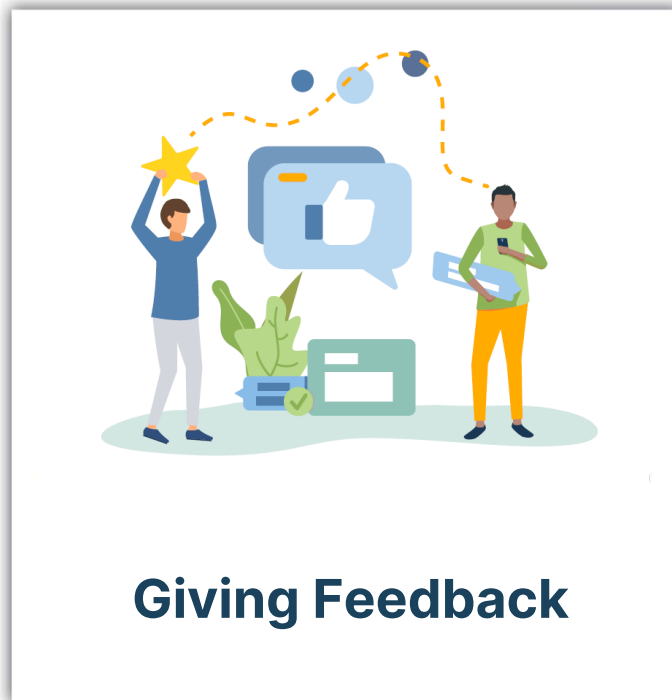
Young managers and managers who need to be able to make decisions in an understandable and structured manner

### Course Duration

Approximately 65 minutes plus transfer tasks

# Leadership Skills

## Basics of Leadership



Available in German, English and Chinese



### Learning Objectives

- Knowing how to use feedback as a management tool
- Using the Johari window, knowing the importance of the difference between how you perceive yourself and how others perceive you, so that you can give staff members constructive feedback
- Being able to prepare critical feedback and use it constructively
- Using positive feedback in a way that promotes the development of the staff and team

### Target Group

Young managers; staff members with leadership responsibilities but without a management position; managers who have a need for cooperative team-leadership methods

### Course Duration

Approximately 70 minutes plus transfer tasks

# Leadership Skills

## Basics of Leadership



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Understanding the basic principles of motivation
- Recognizing and being able to eliminate demotivation among staff members  
Being able to create incentives tailored to individual employees
- Making effective use of key staff-motivation tools
- Structuring job descriptions in a motivating way

### Target Group

Managers whose teams are not performing as desired; young managers with their first management experience

### Course Duration

Approximately 60 minutes plus transfer tasks

# Leadership Skills

## Basics of Leadership



### Appraisal Dialog and Other One to One Meetings

Available in German, English and Chinese



### Learning Objectives

- Holding staff interviews with goals and structure
- Finding the right approach for the employee and adhere to key communication rules
- Preparing and structure professional dialogues
- Holding feedback, critical and evaluation meetings
- Holding annual, performance goal and personal development meetings

### Target Group

Managers, Managing Directors, department heads, people with staff responsibility

### Course Duration

Approximately 150 minutes plus transfer tasks



### Intercultural Communication In Teams

Available in German, English, French, Spanish  
and Chinese



### Learning Objectives

- To learn cultural definitions according to Geert Hofstede and Edward T. Hall
- To develop sensitivity for cultural differences
- To understand the causes of misunderstandings in intercultural teams
- To apply management tools in intercultural teams
- To develop and enhance intercultural skills

### Target Group

Employees and managers who work in an intercultural environment

### Course Duration

Approximately 60 minutes plus transfer tasks



# Leadership Skills

## Leading Teams



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- To set motivational goals
- To regulate task distribution clearly
- To promote constructive communication
- To build trust and a feeling of cohesiveness

### Target Group

Employees who lead teams, be it agile, virtual or project, task forces, junior managers who are new to their management roles

### Course Duration

Approximately 60 minutes plus transfer tasks

# Leadership Skills

## Leading Teams



Available in German, English, French, Spanish and Chinese



### Learning Objectives

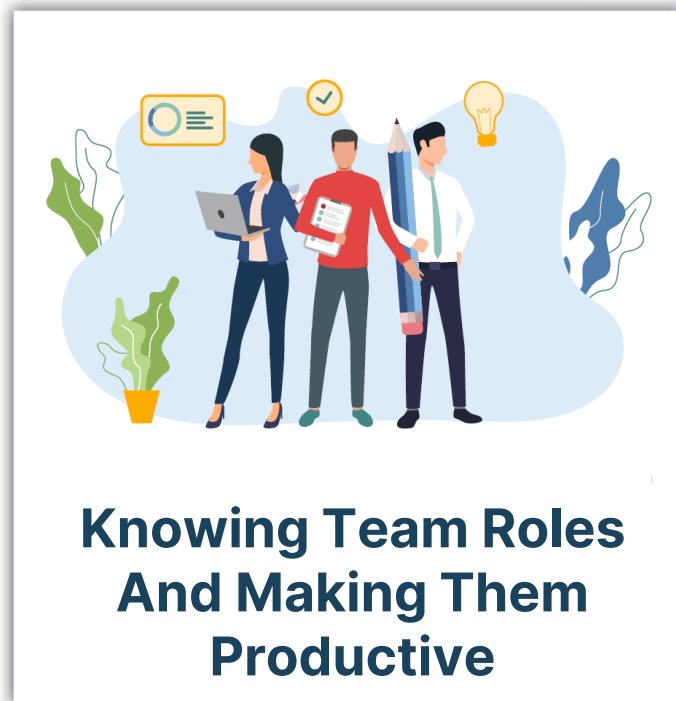
- Knowing the four team phases according to Bruce Tuckman
- Recognizing what phase the team is in
- Using the right management instruments in every phase
- Learning how to smoothly transition through the four phases: forming, storming, norming, and performing

### Target Group

Employees who lead virtual and/or agile teams; project and junior managers with their first management experience

### Course Duration

Approximately 60 minutes plus transfer tasks



Available in German, English, French, Spanish  
and Chinese



### Learning Objectives

- Understanding the basic principles of motivation
- Recognizing and being able to eliminate demotivation among staff members
- Being able to create incentives tailored to individual employees
- Making effective use of key staff-motivation tools
- Structuring job descriptions in a motivating way

### Target Group

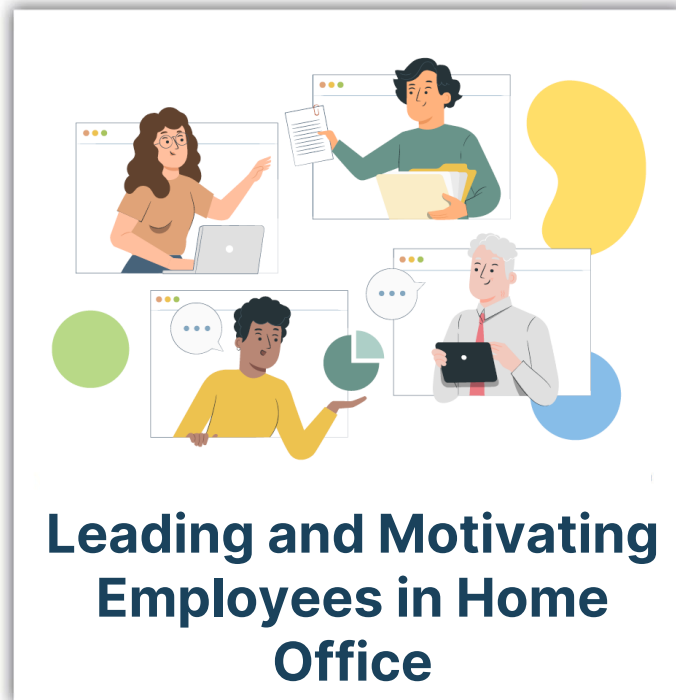
Employees who lead agile and/or virtual project teams; junior managers who are new to their management roles

### Course Duration

Approximately 60 minutes plus transfer tasks

# Leadership Skills

## Leading Virtual / Hybrid Teams



Available in German and English



### Learning Objectives

- Recognizing the greatest challenges in remote leadership
- Building and maintaining trust in employees while working from home
- Achieving results remotely; Resolving conflicts remotely
- Discovering options to promote the development of remote employees
- Knowing how to motivate employees working from home

### Target Group

Managers who supervise employees working from home

### Course Duration

Approximately 70 minutes plus transfer tasks

# Leadership Skills

## Leading Virtual / Hybrid Teams



### Learning Objectives

- To understand and use digital media
- To manage collaboration sensibly
- To avoid misunderstandings
- To lead virtual meetings efficiently

### Target Group

Leaders of virtual and agile teams; junior managers; project managers

### Course Duration

Approximately 60 minutes plus transfer tasks

Available in German, English, French, Spanish and Chinese



# Leadership Skills

## Leading Virtual / Hybrid Teams



### Learning Objectives

- To motivate virtual teams in a media-appropriate manner
- To build trust in virtual teams
- To promote social networking in virtual teams
- To give media-appropriate feedback

### Target Group

Junior and/or project managers; Leaders of virtual and agile teams

### Course Duration

Approximately 60 minutes plus transfer tasks

Available in German, English, French, Spanish, Chinese and Portuguese



# Leadership Skills

## Leadership Styles and Roles



Available in German and English



### Learning Objectives

- Distinguishing the most important differences between leading and coaching
- Understanding the benefits of coaching
- Using the coaching approach
- Knowing the basic prerequisites for effective coaching
- Building key coaching skills
- Structuring coaching conversations using the established GROW model

### Target Group

Managers who want to support and guide their employees in the capacity of coach

### Course Duration

Approximately 50 minutes plus transfer tasks

# Leadership Skills

## Leadership Styles and Roles



Available in German and English



### Learning Objectives

- Knowing the importance and relevance of lateral leadership
- Knowing the difference between lateral and disciplinary leadership
- Understanding how lateral leadership works even without disciplinary authority
- Discovering the tools of lateral leadership and the benefits they bring
- Dealing constructively with possible conflicts

### Target Group

Managers who are responsible for the results of a project or assignment, without being a disciplinary superior in charge of the team.

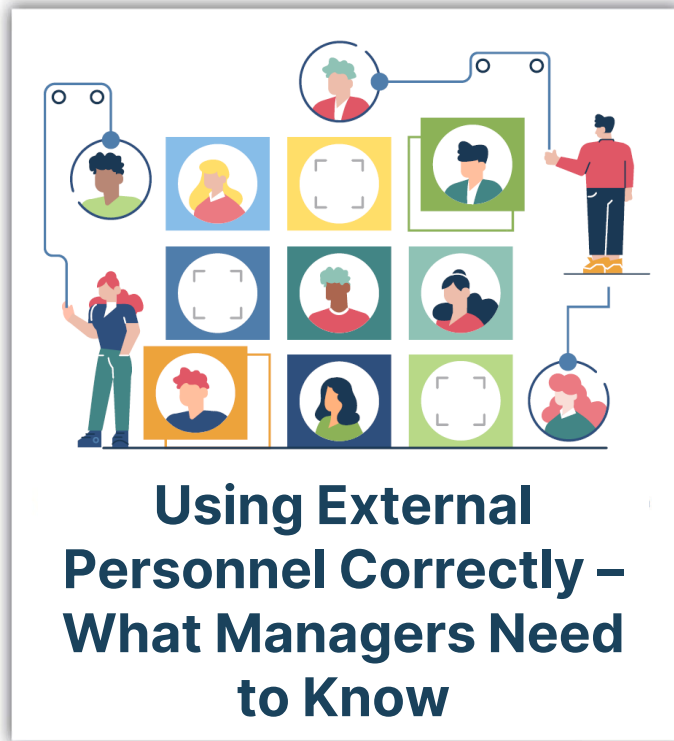
### Course Duration

Approximately 60 minutes plus transfer tasks



# Leadership Skills

## Leadership Styles and Roles



Available in German



### Learning Objectives

- Knowing how external personnel can be used with legal certainty
- knowing different ways of using external personnel
- knowing the differences between work contracts, service contracts, and personnel leasing; distinguishing between work contracts, service contracts, and personnel leasing
- choosing the right type of contract and drafting it correctly to avoid illegal employment relationships
- classifying facts quickly and, if in doubt, contacting experts

### Target Group

Managers with personnel responsibility;  
employees in HR departments

### Course Duration

Approximately 60 minutes plus transfer tasks

# Leadership Skills

## Leadership Styles and Roles



Available in German, English, French, Spanish,  
Chinese and Portuguese



### Learning Objectives

- Learning how to successfully shape change processes
- Knowing the commonalities between the most popular change models
- Becoming familiar with the steps involved in the vast majority of change processes
- Learning the specific measures and tools for the individual steps
- Understanding how to deal with resistance

### Target Group

Team leaders; change managers;  
managers with HR responsibility;  
employees of HR departments

### Course Duration

Approximately 60 minutes plus transfer  
tasks

# Leadership Skills

## Leadership Styles and Roles



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Not seeing crises only as catastrophes
- Knowing the five phases of a crisis
- Communicating well in a crisis
- Dealing with pressure in times of crisis
- Strengthening resilience and mastering crises

### Target Group

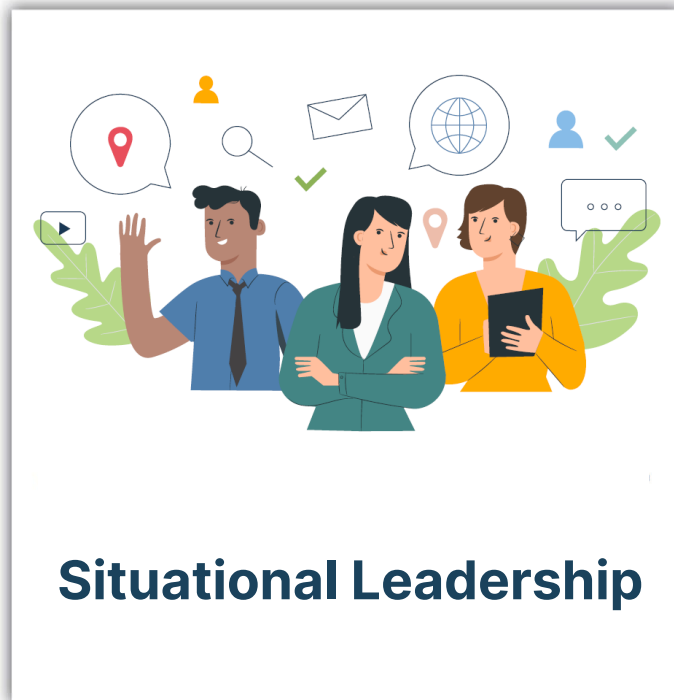
Employees who want to be primed for digitalization; teams analyzing their working environment with digitalization in mind; employees who need to face to new challenges; managers who are looking for new techniques, customers, and markets

### Course Duration

Approximately 60 minutes plus transfer tasks

# Leadership Skills

## Leadership Styles and Roles



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Being able to apply the model "leading by maturity level"/"situational leadership" in everyday management practice
- Recognizing what "maturity level" the employees are at
- Adjusting leadership methods to your staff's maturity level
- Getting staff members with fading motivation back on board
- Protecting motivated but inexperienced employees against excessive demands
- Giving highly motivated employees freedoms without losing sight of the goals

### Target Group

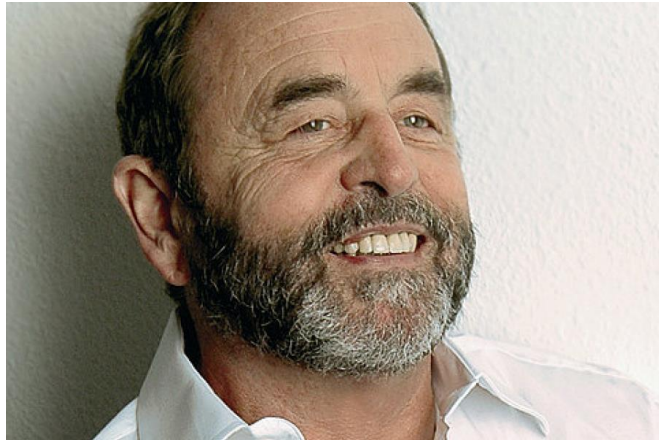
Managers who are coming up against their limitations with regard to the motivation and performance of their team; young managers who want to and are expected to apply the concept of maturity levels in practice

### Course Duration

Approximately 50 minutes plus transfer tasks

# Leadership Skills

## Leadership Styles and Roles



### Change Management

Available in German, English and Chinese



### Learning Objectives

- Knowing the importance of change for the people involved
- Knowing the cycles of a change process
- Communicating changes professionally
- Integrating affected people into the change project
- Being able to win staff members over for the change
- Recognizing and overcoming resistance to change management
- Successfully managing changes

### Target Group

Managers with responsibility for change processes

### Course Duration

Approximately 120 minutes plus transfer tasks

# Skills for Oneself

## Self-Organizing



Available in German and English



### Learning Objectives

- Understanding the unwanted consequences a digital information overload
- becoming familiar with various personal information management strategies to reduce digital information overload in the future
- working efficiently despite the flood of information
- staying on top of things – with the right tools and tricks
- finding the balance between working with high levels of concentration and having sufficient time for processing digital information

### Target Group

Employees with and without management roles, who use many different media in their everyday work and process a wealth of information every day

### Course Duration

Approximately 60 minutes plus transfer tasks

# Skills for Oneself

## Self-Organizing



Available in German and English



### Learning Objectives

- Is it possible to work more productively with less stress?
- How do you manage to clear your head for the really important things?
- Owl or lark – what influence does our internal clock have on our performance?
- What actually is flow?
- When does it set in and what triggers it?
- How can you successfully attain higher job satisfaction that will last?

### Target Group

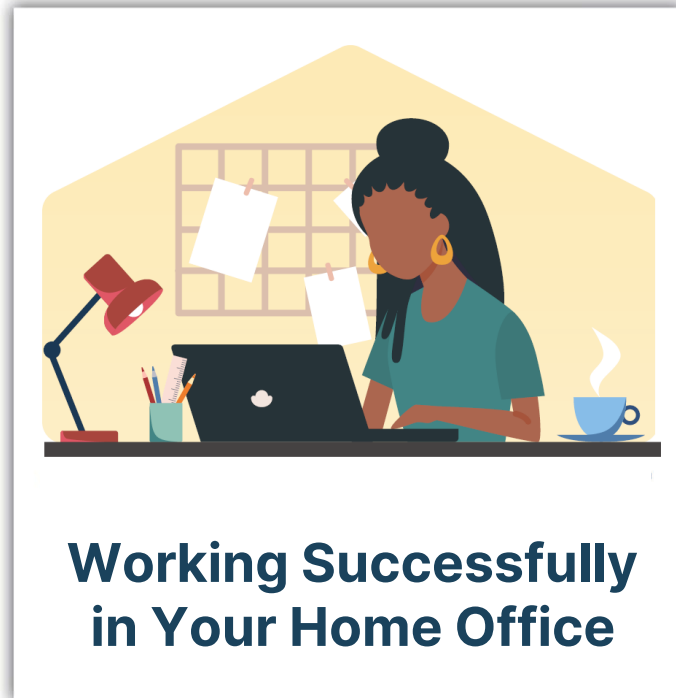
Managers and employees who want to improve their productivity

### Course Duration

Approximately 60 minutes plus transfer tasks

# Skills for Oneself

## Self-Organizing



Available in German and English



### Learning Objectives

- Understanding the greatest challenges when working from home
- Using time effectively when working from home
- Designing your workspace in your home office
- Learning about the best ways to avoid distractions
- Staying self-motivated

### Target Group

Employees who work from home all or part of the time

### Course Duration

Approximately 50 minutes plus transfer tasks



# Skills for Oneself

## Self-Organizing



Available in German, English, French and Spanish



### Learning Objectives

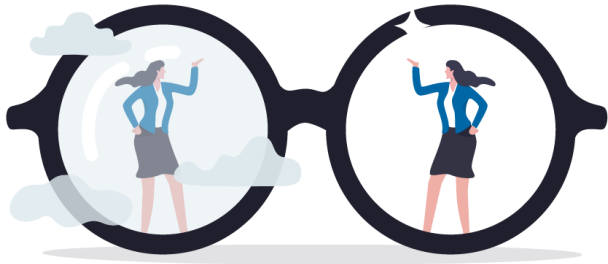
- Understanding the basics of time management
- Setting targets and deriving tasks from these
- Setting clear priorities
- Making batching more effective
- Benefiting from the advantages of timeboxing
- Using the Pomodoro method to focus on your work

### Target Group

Employees and teams who work in a self-organized manner and/or have difficulties in time management; managers who need new methods of time management; junior employees who are new to leadership roles

### Course Duration

Approximately 70 minutes plus transfer tasks



### **Unconscious Bias – Recognizing and Reducing Prejudices and Stereotypes**

Available in German and English



### **Learning Objectives**

- Understanding the meaning of the term "unconscious bias" and its effects
- understanding how unconscious bias is used as a "shortcut" and an integral part of a survival strategy
- recognizing the most common and most important mechanisms that underlie unconscious bias
- knowing and applying strategies against unconscious bias

### **Target Group**

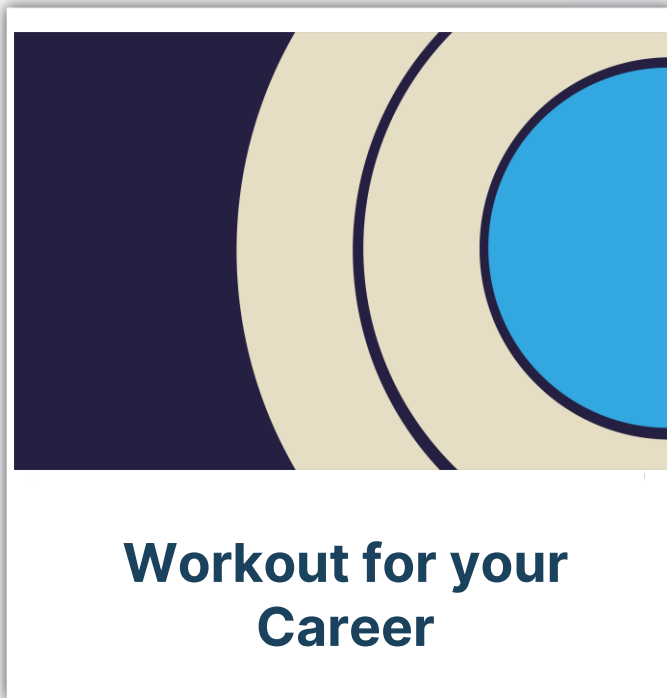
Employees with and without leadership functions who understand the causes of unconscious bias and want to develop new strategies for dealing with them

### **Course Duration**

Approximately 50 minutes plus transfer tasks

# Skills for Oneself

## Self-Developing



Available in German and English



### Learning Objectives

- Acting confidently when taking responsibility at decisive moments
- Exercise focused willpower and courage for the next stage of the career
- Prepare for challenges with quantitative and qualitative practice
- Break out of routines to slow down thinking
- Recognize and use empathy and appreciation as part and parcel of good leadership

### Target Group

Managers and people on their way to becoming managers who want to adapt to the demands of our increasingly fast-paced world and chart their own path in taking charge of their careers.

### Course Duration

Approximately 60 minutes plus transfer tasks

# Skills for Oneself

## Self-Developing



### Learning Objectives

- Knowing the key elements of a learning process
- Finding out about your own learning needs
- Developing smart learning goals and figuring out learning content
- Selecting suitable learning resources
- Creating an individual framework for learning
- Evaluating the learning process

### Target Group

Employees who would like to take greater control over their own training.

### Course Duration

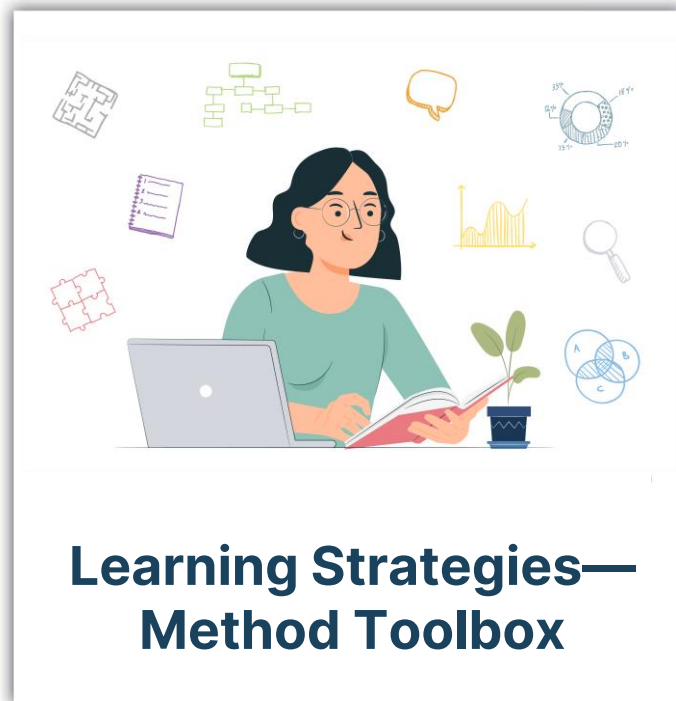
Approximately 80 minutes plus transfer tasks

Available in German and English



# Skills for Oneself

## Self-Developing



Available in German and English



### Learning Objectives

- Taking in learning content using mnemonics, committing it to memory, and recalling it later with confidence
- Consolidating new and existing knowledge using elaboration strategies
- Boiling down your knowledge and structuring it around the essentials
- Working efficiently in reading and processing texts that convey knowledge
- Making helpful notes

### Target Group

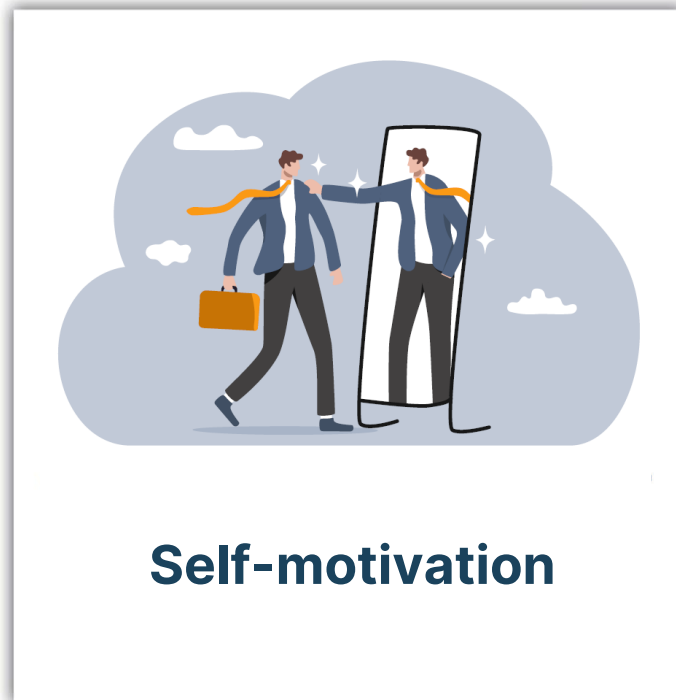
Employees who want to acquire knowledge on their own

### Course Duration

Approximately 70 minutes plus transfer tasks

# Skills for Oneself

## Self-Developing



Available in German and English



### Learning Objectives

- Finding motivators
- Staying motivated long term
- Feeling satisfied at the end of the day
- Staying focused, even when work isn't particularly exciting

### Target Group

All employees who would like to work in a more concentrated and focused manner; employees in home offices; employees who want to reach their goals; employees who want to achieve their goals.

### Course Duration

Approximately 70 minutes plus transfer tasks

# Skills for Oneself

## Self-Developing



**More Energy, More  
Productivity, More  
Success**

Available in German and English



### Learning Objectives

- Knowing your own potential
- Knowing the basic rules of self-motivation
- Using systematic endurance and muscle training
- Knowing the basics of healthy nutrition
- Using self-management methods
- Being able to prevent burnout
- Applying mental training

### Target Group

High-performance employees who tend to take on too much and lose sight of a holistic lifestyle

### Course Duration

Approximately 110 minutes plus transfer tasks

# Skills for Oneself

## Self-Developing



Available in German, English, French, Spanish, Chinese and Portuguese



### Learning Objectives

- Knowing the connection between stress and burnout
- Compiling a personal stress profile
- Being able to discern between stress, stressors and stress reactions
- Reducing stressors and managing stress
- Recognizing and preventing burnout

### Target Group

Employees showing signs of stress and overload; employees looking for methods to help them deal with stress

### Course Duration

Approximately 110 minutes plus transfer tasks



# Communication and Interaction Skills

## Communication



### Storytelling within the Company

Available in German and English



### Learning Objectives

- Understanding the advantages of stories in comparison to facts
- Perceiving the usefulness of storytelling in almost every area of work
- Using storytelling in the leadership of employees and teams
- Finding "stories" for your own company
- Realizing the fundamental principles behind every story
- Applying the five steps to create suspense in a great story

### Target Group

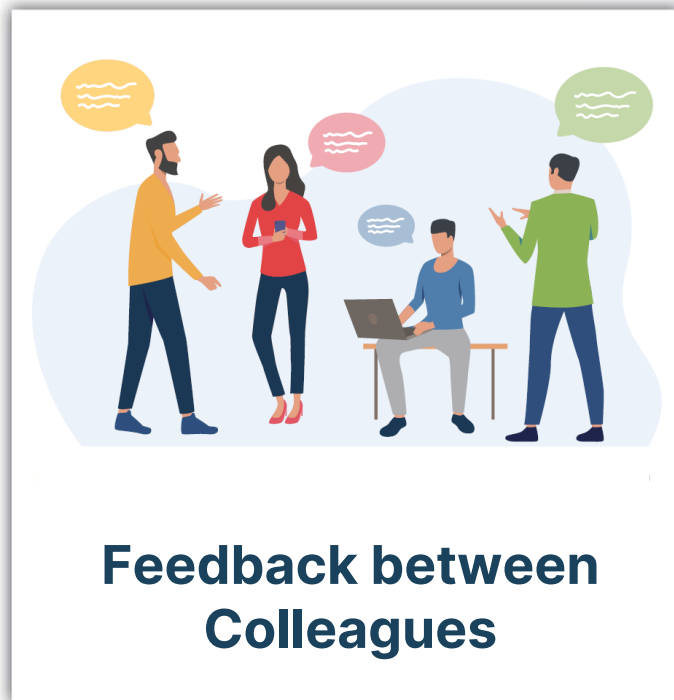
For all managers, team leaders, members of development teams, and product owners who want to motivate their team members and get buy-in for specific ideas; Account managers and sales managers who want to get their ideas across to their audiences better and be genuinely convincing.

### Course Duration

Approximately 80 minutes plus transfer tasks

# Communication and Interaction Skills

## Communication



### Learning Objectives

- To be able to give constructive feedback
- To learn to accept feedback from colleagues
- To comprehend feedback rules on the giving and the receiving end
- To know and be able to use peer feedback
- To be able to ask for and implement personal feedback

### Target Group

Employees of all hierarchical levels who work in teams

### Course Duration

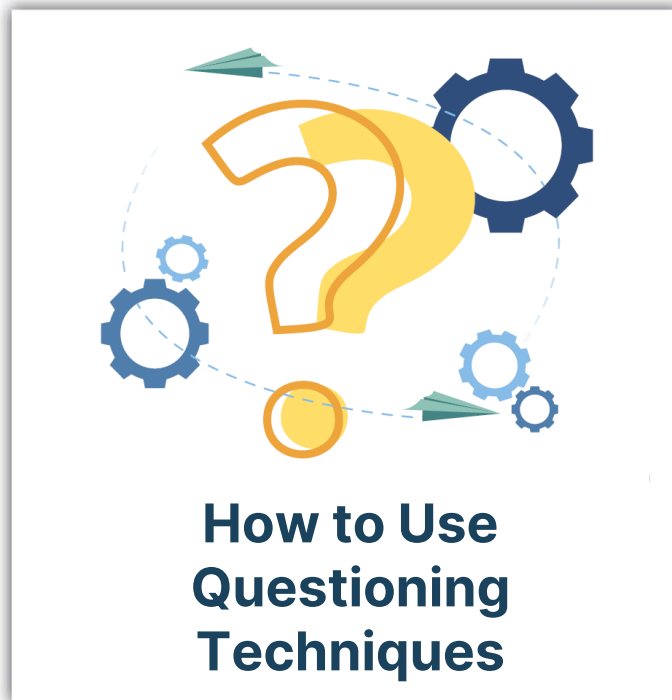
Approximately 50 minutes plus transfer tasks

Available in German, English, French and Spanish



# Communication and Interaction Skills

## Communication



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Being able to guide discussions with the right questions to ensure the right information is communicated
- Knowing and mastering the various questioning techniques
- Accomplishing good results by asking the right questions, even in unclear discussion situations
- Knowing the effect of various question types on others, and use them for more effective discussions

### Target Group

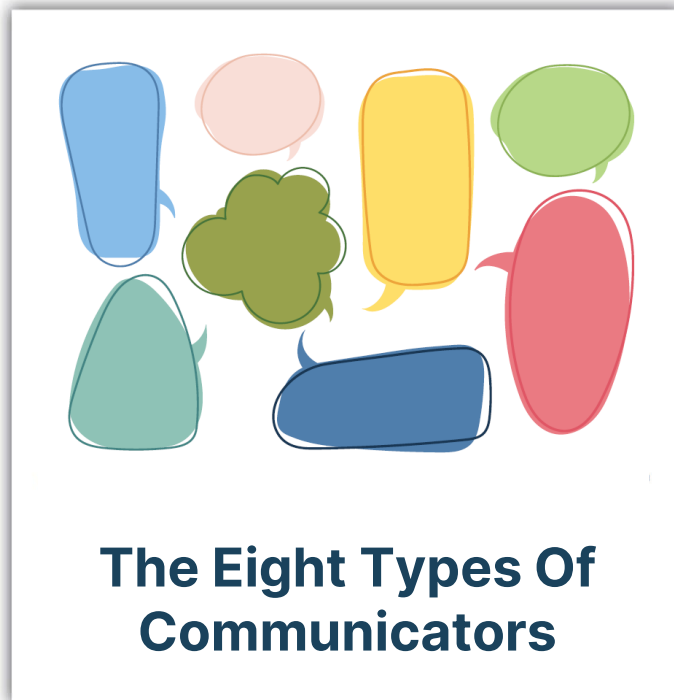
Management staff at all levels

### Course Duration

Approximately 50 minutes plus transfer tasks

# Communication and Interaction Skills

## Communication



Available in German, English, French, Spanish, Chinese and Portuguese



### Learning Objectives

- Knowing and recognizing the different styles of communication
- Knowing your own style of communication
- Being able to vary your communication styles for more effective discussions
- Taking discussions with difficult partners to a successful conclusion
- Knowing the psychological backgrounds of the different communication styles and hold effective discussions using that knowledge

### Target Group

Managers and staff whose performance is closely linked to good communication

### Course Duration

Approximately 80 minutes plus transfer tasks

# Communication and Interaction Skills

## Communication



Available in German, English, French, Spanish, Chinese and Portuguese



### Learning Objectives

- Understanding yourself and your communication behaviour better
- Being able to communicate with respect and appreciation by preparing properly
- Being able to communicate your view in an understandable way
- Knowing the various types of I-statement, giving you a better understanding of communicative acts

### Target Group

Managers at all executive levels who are open to the topic of appreciative communication and who want to be able to communicate with respect and appreciation

### Course Duration

Approximately 60 minutes plus transfer tasks

# Communication and Interaction Skills

## Communication



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Knowing Paul Watzlawick's five axioms of communication, on the basis of which you can communicate more successfully
- Preventing or at least reducing misunderstandings by knowing the axioms
- Being able to take a productive posture with more understanding, even in difficult communication situations
- Communicating more effectively and with more awareness

### Target Group

Staff and management employees who have to communicate well; employees at all levels who want to improve their communication and understand the concept of communication better

### Course Duration

Approximately 50 minutes plus transfer tasks

# Communication and Interaction Skills

## Communication



### Justification and Persuasion Techniques

Available in German, English, French, Spanish, Chinese and Portuguese



### Learning Objectives

- Being able to argue your point professionally, even in difficult situations
- Mastering the key techniques for structuring statements
- Arguing your position confidently and persuasively
- Having a strong and convincing manner way of expressing yourself
- Applying strategies for difficult negotiations
- Knowing the rules of conduct and conversation, so that you always stay cool when arguing a point

### Target Group

Staff in Marketing; sales and procurement; managers and supervisors

### Course Duration

Approximately 140 minutes plus transfer tasks

# Communication and Interaction Skills

## Communication



### Body Language in the Workplace With Stefan Verra

Available in German



### Learning Objectives

- Mastering body language in everyday working life
- interpreting the body language of other people
- radiating sympathy, openness and appreciation
- creating a feeling of security with the right handshake and maintaining the right distance
- appearing competent during negotiations, meetings and presentations

### Target Group

Employees in direct contact with customers and the public

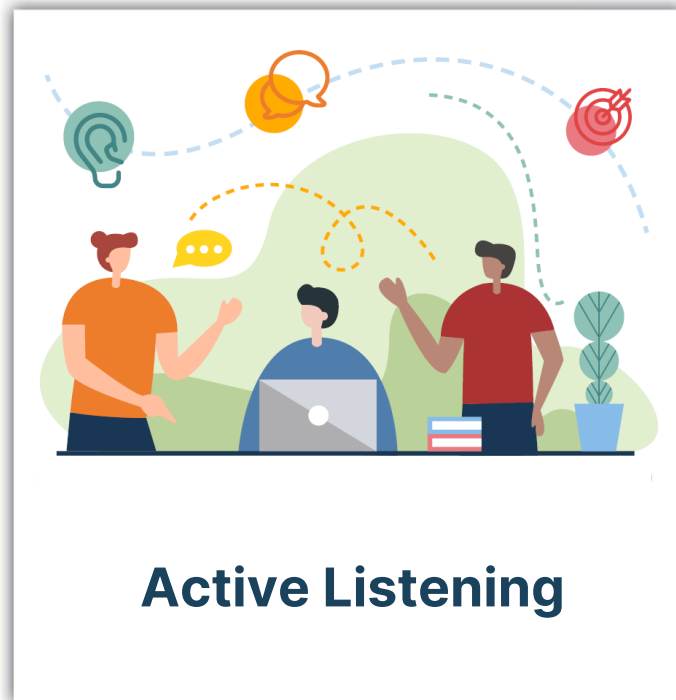
### Course Duration

Approximately 120 minutes plus transfer tasks



# Communication and Interaction Skills

## Communication



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Intently taking in information
- signaling interest and attention
- using verbal control techniques for gathering information
- noticing and discussing unspoken communication

### Target Group

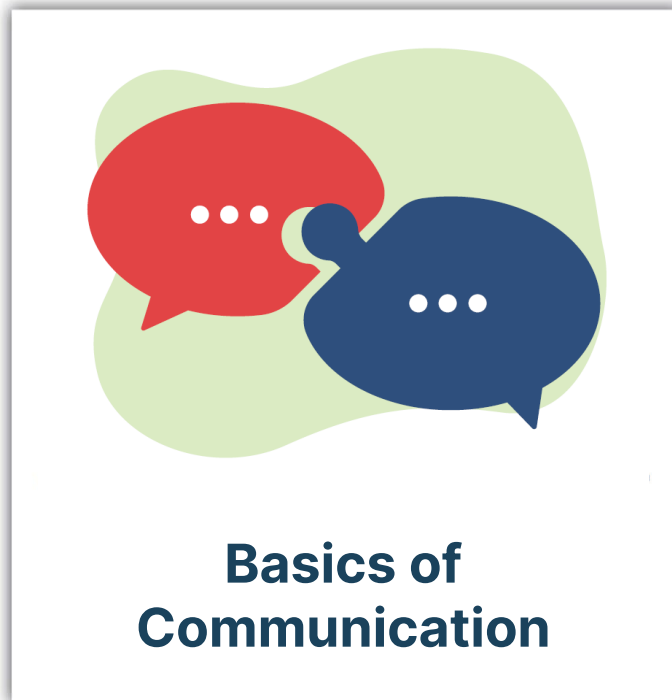
Staff who need an excellent flow of information; managers; team workers; young managers who wish to communicate more effectively

### Course Duration

Approximately 60 minutes plus transfer tasks

# Communication and Interaction Skills

## Communication



Available in German, English, French, Spanish, Chinese and Portuguese



### Learning Objectives

- Knowing the different levels of communication and make use of them to communicate successfully
- Recognizing which messages are being conveyed below the factual level of the communication, using Friedemann Schulz von Thun's "Four Sides Model"
- Knowing your own listening and speaking behavior
- Being able to communicate effectively and reduce inefficiencies caused by unclear speaking and inattentive listening

### Target Group

Employees who work in fields with communicative demands; young management employees who you wish to prepare for their future tasks; experienced managers who want to gain a better understanding of communication

### Course Duration

Approximately 80 minutes plus transfer tasks

# Communication and Interaction Skills

## Conflict Management



### Learning Objectives

- Knowing the types of conflict
- Learning how to manage conflict in the workplace
- Conducting conflict resolution with colleagues
- Understanding the six strategies of conflict resolution

### Target Group

Employees of all hierarchical levels who work in teams

### Course Duration

Approximately 60 minutes plus transfer tasks

Available in English, French, Spanish and Chinese



# Communication and Interaction Skills

## Conflict Management



### Learning Objectives

- Knowing how to talk through conflict
- Learning about respectful behavior during a conflict resolution
- Getting to know what conflict resolution looks like
- Learning how to structure the phases of a conflict resolution discussion: preparation, execution and follow-up work
- Learning how to communicate with a cooperative and conversational style

### Target Group

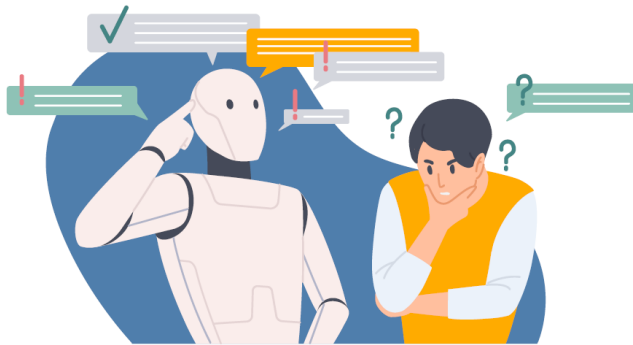
Employees who frequently work in teams or have an urgent need for the training; junior managers

### Course Duration

Approximately 50 minutes plus transfer tasks

Available in English, French, Spanish and Chinese





### Understanding Digitalization

Available in German, English, French and Spanish



### Learning Objectives

- Recognizing the essential drivers of digitalization
- Becoming familiar with the term VUCA and the associated diagnosis of time
- Understanding the impact of digitalization on traditional business models
- Recognizing that successes from the past are not automatically perpetuated
- Understanding customer centricity as a consequence of digitalization

### Target Group

Employees who want to be primed for digitalization; teams analyzing their working environment with digitalization in mind; employees who need to face to new challenges; managers who are looking for new techniques, customers, and markets

### Course Duration

Approximately 60 minutes plus transfer tasks



## Agile Leadership

Available in German and English



### Learning Objectives

- Understanding the importance of an agile mindset in the workplace
- Distinguishing between mindset, skillset and toolset
- Learning the most important skills for agile working
- Getting comfortable using the key tools for agile working

### Target Group

Experienced leaders; Leaders who want to review their methods; Junior managers

### Course Duration

Approximately 50 minutes plus transfer tasks



### Fostering Creativity – Methods für your Toolbox

Available in German, English, French, Spanish  
and Chinese



### Learning Objectives

- Getting to know different creativity methods for finding ideas
- Knowing the necessary framework for the implementation of creative methods
- Practical use of certain techniques in certain situations

### Target Group

Employees who collaborate in creative teams; prospective as well as experienced managers and everyone who is interested in refreshing their skills with methods in the area of creativity techniques

### Course Duration

Approximately 50 minutes plus transfer tasks



Available in German, English, French, Spanish, Chinese and Portuguese



### Learning Objectives

- To know what a mindset is
- To know the difference between “fixed mindset” and “growth mindset”
- To understand what an agile mindset means and what effect it has
- To know the values that makeup an agile mindset
- To learn how to develop an agile mindset

### Target Group

Team members on the way to agile working; Employees of all hierarchy levels who are interested in the topic and want to identify and broaden their mindset

### Course Duration

Approximately 80 minutes plus transfer tasks





Available in German, English, French, Spanish, Chinese and Portuguese



## Learning Objectives

- Understanding the ideas which Kanban is based on
- Implementing Kanban for team work
- Adapting Kanban boards to my needs
- Improving the work organization of my team with the Kanban principles
- Using the pull principle to create the basis for self-organized work in a team

## Target Group

Teams that are looking for more productive ways to collaborate and use Kanban; project managers; executives; team leaders who want to use the Kanban board in a meaningful way and who are interested in and want to use agile methods

## Course Duration

Approximately 50 minutes plus transfer tasks



Available in German, English, French, Spanish, Chinese and Portuguese



## Learning Objectives

- Understanding the idea behind Scrum
- Knowing how Scrum works
- Understanding what roles are important in Scrum
- Knowing how a Scrum board is organized
- Learning how to implement a project based on Scrum

## Target Group

Employees of all hierarchical levels who will work in Scrum teams in the future; employees who are interested in Scrum and/or who are preparing for further education to become a Product Owner or Scrum Master

## Course Duration

Approximately 80 minutes plus transfer tasks



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Recognizing the need for innovation and new creative methods
- Creating the right conditions for design thinking
- Understanding the design thinking process
- Becoming an immediate expert and understanding users' needs
- Implementing the process of finding solutions
- Being able to use prototyping, personas and learning journeys

### Target Group

Teams that intend to initiate a Design Thinking process; employees who are interested in the topic; employees and teams who are looking for new methods for creative problem solving

### Course Duration

Approximately 70 minutes plus transfer tasks

# Business Skills

## Moderating & Presentation



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Understanding the importance of effective meetings
- Understanding meeting formats
- Understanding the stages of a meeting
- Preparing properly for meetings

### Target Group

Managers and members of agile teams; employees in partly self-organized projects, and assistants

### Course Duration

Approximately 60 minutes plus transfer tasks

# Business Skills

## Moderating & Presentation



Available in German, English, French, Spanish, Chinese and Portuguese



### Learning Objectives

- To understand the advantages and disadvantages of virtual meetings
- To understand the specific challenges of virtual meetings
- To prepare, plan and manage virtual meetings well
- To learn the rules of verbal communication in virtual meetings
- To use methods for visualization and interactive design

### Target Group

Members of cross-locational and/or virtual teams; employees who are in contact with online meetings and/or moderate them themselves

### Course Duration

Approximately 50 minutes plus transfer tasks

# Business Skills

## Moderating & Presentation



### How to Give a Presentation

Available in German, English, French, Spanish, Chinese and Portuguese



## Learning Objectives

- Presenting professionally in a business-related context
- Defining the key message
- Preparing information in an excellent way
- Tailoring to the target group
- Addressing different types of people in the audience
- Knowing how to visualize effectively
- Knowing how to react in challenging situations

## Target Group

Everyone who wants to learn the basics of a professional and effective presentation in front of their team members, supervisors or in other corporate contexts; experienced managers who want to refresh their presentation skills.

## Course Duration

Approximately 150 minutes plus transfer tasks



### Classic Project Management – Planning Projects Successfully

Available in German



## Learning Objectives

- Check a task for project attributes with the aid of project characteristics
- Analyze the suitability of classic project management as a management method for a project
- Understand the importance of project planning in classic project management
- Recognize the importance of clear responsibilities during the course of the project
- Define the different roles in classic project management
- Consider the project assignment as the most important planning document
- Make the transition from project planning to implementation successful

## Target Group

Project managers who want to prepare themselves for a new project.

Project managers who want to learn from bad experiences with the management of a previous project and want to prepare themselves for their next project.

Members of a project team, the client, the steering committee, and stakeholders of a project who want to deal comprehensively with goal-oriented project planning.

## Course Duration

Approximately 90 minutes plus transfer tasks



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Understanding the difference between classic and agile project management
- Understanding the benefits of agile project management and its fields of application
- Defining your own values and principles for the agile approach
- Understanding and being able to apply the typical processes of agile project management
- Understanding and using the key features of agile project management

### Target Group

Teams that intend to tackle an agile project; employees who are interested in the topic; employees and teams who are looking for new methods for project management

### Course Duration

Approximately 60 minutes plus transfer tasks





Available in German



### Learning Objectives

- Why are customers and their requirements playing an increasingly important role in product development?
- Why are customers' wishes and requirements, as opposed to products and services, now the focus of a future-oriented company?
- How can each employee make their own contribution to customer centricity?
- Why is the customer's experience with a company decisive when it comes to the purchase?
- What can you do to understand, excite, and retain your customers?
- How can you influence the customer journey in a targeted way?
- How can complainants become loyal customers?

### Target Group

Employees who want to put the customer first and excite them.

### Course Duration

Approximately 65 minutes plus transfer tasks



### Principles for Effective Knowledge Transfer

Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Knowing and applying the basic didactic models and their importance for effective knowledge transfer
- Knowing the tasks and requirements of a trainer in order to perform confidently
- Being able to develop well-constructed trainings along the MASTER model
- Being able to "take participants with you" from the very beginning

### Target Group

Professionals who pass on their knowledge to employees and colleagues; employees who are tasked with internal training

### Course Duration

Approximately 40 minutes plus transfer tasks

# Business Skills

## Train the Trainers



Available in German, English, French, Spanish and Chinese



### Learning Objectives

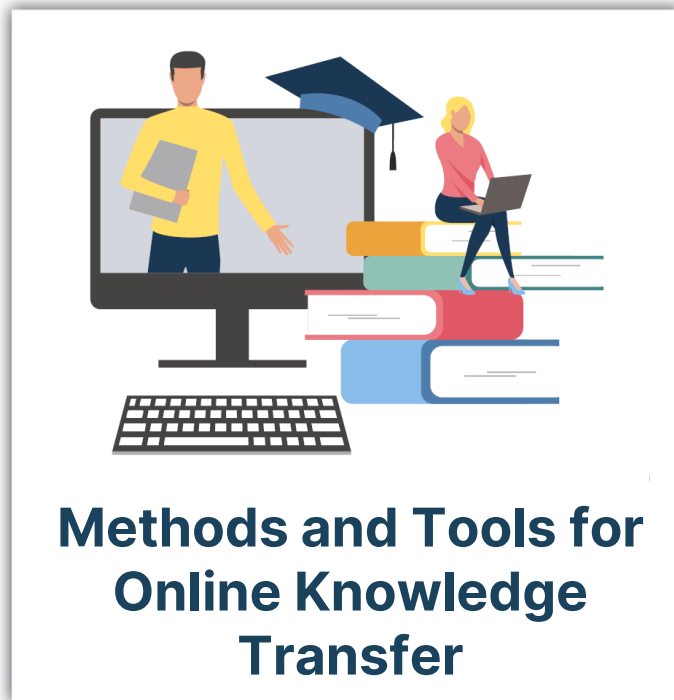
- Knowing methods for staying cool in difficult situations
- Knowing how to deal with people who talk a lot, troublemakers, people who don't talk at all, criticisers and other challenging participant types
- Knowing the five training phases and being prepared for the various dynamics
- Mastering disturbances and conflicts in the group, from whispering to fighting

### Target Group

Specialists who want to pass on their know-how to employees and colleagues; people who are moving into the field of internal training

### Course Duration

Approximately 50 minutes plus transfer tasks



Available in German, English, French, Spanish and Chinese



## Learning Objectives

- Knowing the specifics to consider when conducting trainings in an online context
- Getting to know helpful digital tools to assist with the transfer of knowledge
- Learning how to prepare the knowledge development of the seminar participants in a systematic way
- Learning strategies for winning over participants, engaging them and steering them in a virtual context

## Target Group

Professionals who need to share their knowledge online with employees and colleagues; trainers without online experience; career changers in the field of continuing vocational training; members of cross-locational and/or virtual teams; employees who are in contact with online meetings and/or moderate them themselves

## Course Duration

Approximately 50 minutes plus transfer tasks



Available in German, English, French, Spanish and Chinese



## Learning Objectives

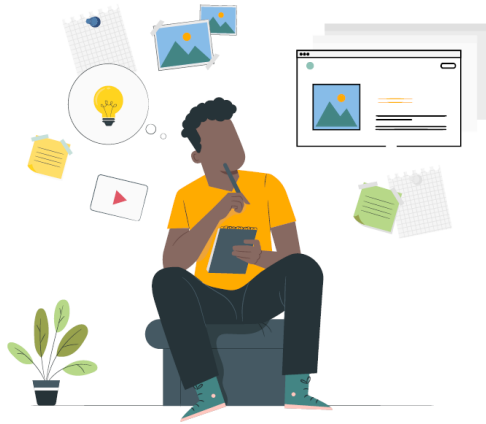
- Being able to integrate and activate participants with the right methods from the very start of the training course
- Knowing and applying methods that go beyond the customary presentation
- Being able to animate the participants to collaborate creatively
- Being able to apply methods for consolidating lessons learned

## Target Group

Specialists who want to pass on their know-how to employees and colleagues;; people who will be working as internal trainers in the future; experienced trainers looking to refresh their know-how

## Course Duration

Approximately 50 minutes plus transfer tasks



## How to Design and Prepare a Training

Available in German, English, French, Spanish and Chinese



## Learning Objectives

- Knowing and applying the basic didactic models in their importance for the effective transfer of knowledge
- Knowing the tasks and requirements of a trainer in order to perform confidently
- Being able to develop well-constructed trainings along the MASTER model
- Being able to "take participants with you" from the very beginning

## Target Group

Specialists who want to pass on their know-how to employees and colleagues; trainers who want to be involved more in course design

## Course Duration

Approximately 70 minutes plus transfer tasks

# Business Skills

## Negotiating



### Learning Objectives

- Use ZOPA and BATNA to get negotiations off to the best start
- Systematically consolidate your position of power
- Build sustainable business relationships
- Correctly present offers
- Argue the benefits in a structured manner
- Reliably conclude negotiations

### Target Group

Employees who conduct negotiations with customers, partners and suppliers

### Course Duration

Approximately 70 minutes plus transfer tasks

Available in German, English, French and Spanish





### Difficult Negotiations

### Learning Objectives

- Respond to unfair attacks
- Negotiate in a solution-oriented manner, based on the Harvard Concept
- Bring stalled negotiations back on track
- Recognize, and put an end to, bargaining games
- Work on a factual level, even in difficult situations

### Target Group

Employees who conduct negotiations with customers, partners and suppliers

### Course Duration

Approximately 60 minutes plus transfer tasks

Available in German, English, French and Spanish







Available in German, English, French and Spanish



## Learning Objectives

- how online negotiations differ from face-to-face negotiations
- how to best prepare for an online negotiation
- how to build relationships online with your negotiating partners
- what to pay attention to during an online negotiation
- how to get difficult situations in online negotiations under control
- how to communicate and deliver presentations effectively, even in online negotiations

## Target Group

Experienced sales managers and sales professionals

## Course Duration

Approximately 60 minutes plus transfer tasks



### Identifying Needs

Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Understanding why identifying needs is a fundamental step in the sales process
- Knowing how to determine the needs of your customer in a targeted manner
- Knowing the main question types and how to use them to determine requirements
- Developing an individual concept for the identification of requirements based on your practice
- Fully understanding the customer's needs through active listening

### Target Group

Salespeople; field sales representatives; sales staff, inside sales; key account managers

### Course Duration

Approximately 60 minutes plus transfer tasks



Available in German, English, French, Spanish  
and Chinese



### Learning Objectives

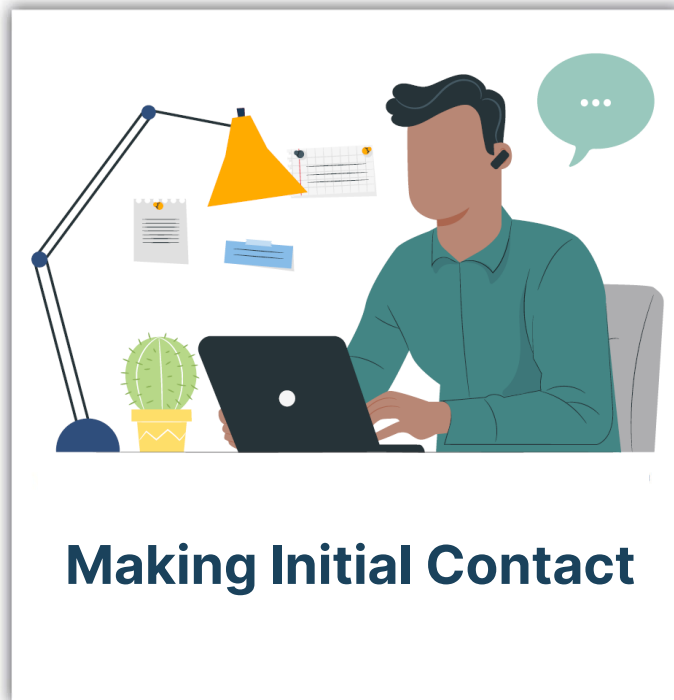
- Building relationships with other people in a targeted way
- Using small talk to establish good contact with others
- Recognizing non-verbal and verbal signals of approval and rejection
- Controlling your own body language
- Being responsive to other people

### Target Group

Salespeople; field sales representatives; sales staff; inside sales; key account managers

### Course Duration

Approximately 60 minutes plus transfer tasks



Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Recognizing and using opportunities to make contacts to potential customers
- Systematically expanding your customer network
- Quickly identifying potential customers
- Using research tools
- Working effectively and efficiently thanks to good preparation
- Using the elevator pitch as a method for customer acquisition

### Target Group

Salespeople; field sales representatives; sales staff; inside sales; key account managers

### Course Duration

Approximately 50 minutes plus transfer tasks



Available in German, English, French, Spanish, Chinese and Italian



## Learning Objectives

- Distinguishing objections from pretexts
- Reading objections correctly
- Developing a reaction pattern for different objections
- Knowing the acknowledgement method and using it confidently to overcome objections
- Knowing how to systematically record and deal with the objections that occur in everyday work

## Target Group

Salespeople; field sales representatives; sales staff; inside sales; key account managers

## Course Duration

Approximately 50 minutes plus transfer tasks



Available in German, English, French, Spanish, Chinese and Italian



### Learning Objectives

- Distinguish between product features and customer benefits
- Know and recognize the most important buying motives
- Master the "5 steps of benefit argumentation"
- Develop an individual benefit argumentation

### Target Group

Salespeople; field sales representatives; sales staff; inside sales; key account managers

### Course Duration

Approximately 60 minutes plus transfer tasks



### Closing the Sale

Available in German, English, French, Spanish and Chinese



### Learning Objectives

- Knowing and identifying verbal and non-verbal buying signals
- Knowing the means to effectively close sales
- Systematically applying the closing question as a method
- Providing customers the best possible support in their purchase decision

### Target Group

Salespeople; field sales representatives; sales staff; inside sales; key account managers

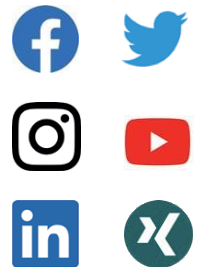
### Course Duration

Approximately 60 minutes plus transfer tasks



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## The Home of E-Learning



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